

## Safety tips for students and parents from the Town of Poughkeepsie Building Department

Complaints - Building Department – 845-485-3655 &  
Offices of the Building Inspector and Fire Inspector

Fairview Fire District – 845 – 452- 7453  
Town of Poughkeepsie Police Department – 845 – 485-3666  
American Red Cross – 845 - 471-0200



ALWAYS CHECK YOUR SMOKE DETECTORS, - MONTHLY, CARBON MONOXIDE DETECTORS, - MONTHLY  
FIRE EXTINGUISHERS, - MONTHLY AND 2<sup>ND</sup> MEANS OF EGRESS - WEEKLY.

### LEARN NOT TO BURN!

#### 1. Do not apartment-hunt or house-hunt without somebody older and wiser along for the ride, too.

Because people who are younger and less experienced who try to find a location to live may miss a few of the glaring warning signs. It is best to have a person who is a little worldlier about those types of matters along throughout the house viewing via realtors or landlords. For people who can't physically have somebody present throughout the tour of the home, ensure you try to consider particular red flags like neighbors who look miserable or an unkempt feel to the larger parts of the building. Noticing these before signing a lease is preferable to waiting too late and regretting it.

#### 2. Be strict about who gets keys to a brand new place.

Although it may appear fun to possess friends running in and out at all hours, it is much more sensible to be seriously interested in keeping doors locked and partying to the absolute minimum. It's a great deal simpler to achieve plausible degrees of college safety when there are not hordes of individuals constantly making themselves at home in your own place.

#### 3. Keep rules about the number of nights per week roommates are permitted to host overnight guests.

Because sometimes, deciding to reside with others eventually ends up turning out to be coping with their friends as well. This means more of a pressure on the food and resources of the house. Potentially, this can jeopardize your college safety and lead to heightened degrees of robberies or other trouble. The simplest answer for this is to limit guests staying for several nights per week.

#### 4. Do not walk home late through the night alone, irrespective of gender.

While college safety is all about remembering to lock doors and leave lights on, it is also about maybe not making unsafe decisions that put you in the center of a scenario that would be a potential disaster. And among the worst ideas available may be the choice to take chances about how you get home. Call campus security or obtain a taxi, but do not attempt to walk home alone late through the night.

#### 5. Remember the little details about college safety. Lock all deadbolts, not only regular locks.

Make sure that windows are securely shut. Do not leave doors open to rooms when there is a party going on. Making the effort to take care of these little details often means much less stress further down the road. So allow it to be a habit to become part of everyday life.

#### 6. Carbon Monoxide and Fire Safety

The very first day that the student moves to the dorm inspect the area for a smoke and carbon monoxide detector. If you find no detectors, ask them to be installed instantly. The very first night they lay their head right down to rest within their new environment, you need to feel at rest!

Your student should take the sounding of a fire alarm and fire drills seriously. **They ought to know their plan of evacuation ahead of time.** Many students are unaware that fire is really a risk or threat within their environment. Efforts to evacuate are often hindered as fire alarms in many cases are ignored.

Ensure that you will find the sprinkler systems installed in the dormitory rooms. Among the fundamental safety tips for college parents would be to know the school's safety policies.

Send them off to school with a fire escape ladder. These can be portable and compact and could be placed directly under a bed. They can be found in two and three story lengths.

#### Vital Safety Tips for College Parents

As your college bound student leaves the safety of your house, are they ready for just about any emergency they may encounter within their new environment? Once you know that they're prepared to cope with any kind of emergency, you will feel much more comfortable. Here are some simple safety tips for college parents that you ought to take heed of:

#### Additional Fire Prevention Recommendations

Examine all electrical plugs and chords for damage. Buy appliances that have automatic turn off features. Students should wear fire-proof mitts and gloves when cooking. Candles must be kept from linen and curtains. For additional safety, a multi-purpose ABC fire extinguisher must be installed within ten feet of your kitchen area.

OVER

**Off Campus Living and Safety:** Be extra diligent in ensuring the required safety precautions have already been addressed in this case. Sound safety tips for college parents include checking for carbon monoxide detectors, fire sprinklers and smoke alarms.

### **First-aid and Personal Safety Kits**

All students must be prepared using their personal college safety kit. Contents will include objects for surprise emergencies. Students need to be accountable for their very own safety when attending college. A safety kit is a terrific way to keep all safety items in a single place.

### **Personal Safety Devices**

While it is usually most useful to not walk alone through the night, it may also be unavoidable because of night time classes and activities. You are able to arm your student with pepper spray or mace to defend against an attack. Pepper spray may cause an assailant to become disoriented since it will burn up the attacker's eyes. It provides the victim an opportunity to escape to safety. Students may also attach an individual alarm for their key chain that they'll sound when they feel that they're being followed.

### **Auto Safety**

If your youngster drives to and from school, don't allow them to just take the trip with no auto safety kit packed within their trunk. Hopefully they'll not have to make use of it, but when they do it will likely be there for them. You are able to feel secure they have what's required to help them in a roadside emergency.

### **The Last of the Safety Tips for College Parents**

Advise them to include an entry to their mobile phones under ICE, "In Case of Emergency". This name and number ought to be the emergency contact in the event of an urgent situation.

College is definitely an exciting new experience. It will and may be a safe one! College safety is definitely an essential element of campus life.

Overall, our U. S. campuses are incredibly safe, but eventually you will see some new and dangerous situations which will confront these teenagers, so being conscious of a few of the safety tips for college parents outlined below could prove vital.

Most parents are very naive and not prepared to cope with crime levels in colleges. September is National Campus Safety Awareness Month, which is time for you to educate your child about safety precautions and give them the self-defense weapons required for their personal security.

During 2007, there have been over 88000 crimes registered with law enforcement in colleges. Males were two times more likely than females to be the victims. Experts say 12 % of women presently at American colleges have been sexually assaulted, and more than 20% have already been harassed or stalked with a previous boyfriend.

Many crimes are actually committed away from campus and through the night. Every university student and parent should know these kinds of statistics because they connect with their specific campus.

### **Listed here are a summary of seven extremely important safety tips for college parents.**

- A. Ensure your daughter or son knows their environment and learns to trust their instincts.**
- B. Ensure your daughter or son keeps the telephone details of campus security within their cell phone for emergencies.**
- C. Remind your son or daughter to lock their dorm door and never to loan their key to their friends.**
- D. Stress to your son or daughter that they shouldn't accept drinks (alcoholic or soft) from anyone. Keep in mind that alcohol is the main date-rape drug. If you have a daughter, then this is probably the most crucial of safety tips for college parents.**
- E. Tell your son or daughter that when they're going out, they should let somebody know where they are going and when they intend to be back again.**
- F. Stress to your son or daughter that they shouldn't prop doors open.**
- G. Show your son or daughter that he or she should be careful when posting private information on Facebook, Twitter, and \MySpace along with other social network websites.**